

Winter SPECIALS

 IKA
BUNS



  YASAI
MISO
SOUP



 CHICKEN
CURRY
SOUP



 PORK
CURRY
DON



IKA BUNS

(Izakaya) 4.10

Steam cooked Bao bread with crispy panko crusted squid, lettuce, Japanese mayonnaise and kimuchi no moto sauce



YASAI MISO SOUP

(Main Dish) 8.95

Dashi broth with miso and organic vegetables: aubergine, broccoli, zucchini, wild asparagus, carrot, red and green pepper, shiitake, tofu and spring onion



CHICKEN CURRY SOUP

(Main Dish) 11.95

Yaki Udon noodles with crispy free range chicken strips, onion, carrot, broccoli, spinach, shiitake, egg, lime and dashi with curry



PORK CURRY DON





(Main Dish) 10.50

Rice with Thai yellow curry, pork skirt steak, onion, carrot, shiitake, red and green pepper, dashi and spring onion

NUTRITION & ALLERGEN INFORMATION

Data expressed as a percentage of the RDA (Recommended Daily Allowance) ● 2000 Kcal, ● 55 lipids, ● 75 g proteins and ● 300 g carbohydrates.

IKA BUNS ● 10% ● 18% ● 12% ● 6% Gluten, milk, soya, fish, seafood, egg YASAI MISO SOUP ● 10% ● 17% ● 14% ● 8% Gluten, soya, sesame, fish CHICKEN CURRY SOUP ● 24% ● 23% ● 23% ● 24% Gluten, milk, soya, fish, egg, sulphites PORK CURRY DON ● 31% ● 39% ● 38% ● 26% Gluten, milk, soya, fish, sulphites CHOCOLATE BUNS ● 10% ● 17% ● 3% ● 8% Gluten, milk, soya, sulphites BROWNIE ● 25% ● 58% ● 11% ● 16% Gluten, milk, soya, egg, nuts

 Vegetarian  Low in calories   Light, mild or intense spicy

Desserts

NEW!

CHOCOLATE BUNS 3.95

Crispy Bao bread with chocolate ganache, Maldon sea salt and raspberries

BROWNIE 4.55

Chocolate sponge cake with walnuts and mango sorbet, on toasted corn crumble and exotic fruit coulis

GINGER CHEESECAKE 4.75

Cheesecake with mild fresh ginger, blueberry jam, dried fruit muesli and raspberries

FRUIT SALAD 3.95

Papaya and mango with artisan vanilla ice cream or flavour to choose

TWO ICE CREAM SCOOPS 3.95

Two scoops of artisan chocolate and green tea ice cream or flavour to choose

+ 1.95 add a scoop

GLUTEN-FREE CHOCOLATE COULANT

ECO

CHOCOLATE CUP 4.75

Chocolate sponge cake filled with hot chocolate, served with artisan Bulgarian redcurrant yogurt ice cream or flavour to choose, on chocolate cookies

ORGANIC YOGURT 3.95

Organic yogurt on caramelized organic apple compote and crunchy dried fruit muesli or honey

MOCHIS 3.95

Cheesecake mochis with strawberry or chocolate, on a bed of crispy noodles with sugar

+ 1.95 add a mochi

BANANA & CHO-CO 3.95

Crunchy chocolate and banana rolls with artisan coconut ice cream or flavour to choose, and toasted corn crumble

TEA 2.75



Japanese Sencha

Sencha green tea flavoured with bitter lemon

Fresh Colada

Sencha green tea, pineapple, strawberry and coconut

Oriental Lime

Sencha green tea flavoured with lime, lemon peel and margaritas

Pu Erh Wild Fruits

Red tea combined with wild fruits

⌚ 2'

⌚ 2'

⌚ 2'

⌚ 3'

Gracia Blend® Rooibos

Rooibos red tea with vanilla, orange, cornflower, sunflower and rose petals. Theine-free

Rooibos Lemon Pie

Rooibos, lemongrass and orange peel with lemon cake flavour. Theine-free

Polar Mint

Mixed mint, rosehip seeds and licorice

⌚ 6'

⌚ 5'

⌚ 5'

ARTISAN ICE CREAM FLAVOURS TO CHOOSE: Chocolate · Vanilla · Green Tea · Coconut · Bulgarian redcurrant yogurt